**Touch for Health Training Workshop**

**Information for Participants**

Trainer: Helena Argüelles AKFRP, IASK, IKCPK

# **Pre-requisites:** This workshop is open to adult learners who hold the TFH Synthesis certificate and have attended a TFH Proficiency Workshop.

**Certification:** The IKC Attendance Certificate for 64 hours will be awarded on completion.

On passing the (continuous) assessment process, the graduates may purchase the IKC Registered TFH Instructors Certificate/License to teach TFH Levels 1-4, for a 3-year registration period, at a cost of £50.

The workshop is recognised by the UK Kinesiology Federation as 64 hours of ‘K’ based CPD.

**Content:** At the end of the workshop, participants will have had the opportunity to revise the syllabus of the Touch for Health Synthesis, as laid down by the International Kinesiology College ([www.ikc.global)](http://www.ikc.global)).

They will have completed exercises to help consolidate the knowledge and practical skills learned in the Touch for Health Workshops. More background and in-depth information may be included.

A significant component of the workshop is dedicated to personal development. Personal development tools and techniques, dynamic communication, group management and presentation skills will be introduced and practised.

More detail on what is included can be found at [www.ikc.global](http://www.ikc.global)

The workshop is delivered face-to face through lecture, demonstration, practical sessions and text book referencing.

**All students are expected to take part in group discussion and group practical exercises. All students must observe the confidentiality of group and individual students.**

There is a requirement for additional evening study.

Equal Opportunities Act 2010: Please inform the Instructor of any special needs or medical information relevant to your participation in the workshop.

Please wear loose, comfortable clothing and bring any notebooks, pens etc. you may require

# Student Agreement

I understand that the workshops will run from 9:00 to approximately 6:00 on each day and that an 80% minimum attendance is required in order to receive an attendance certificate.

I understand that the deposit of £120 is non-refundable except in the event of the workshop being cancelled, or at the discretion of the Instructor in cases of extenuating personal circumstances that may prevent my attendance at all or part of the workshop.

I agree to pay the balance of the workshop fee 3 weeks prior to the start date of the workshop, or by arrangement with the Instructor.

The workshop is delivered face-to-face through lecture, demonstration, practical sessions and text referencing. I agree to take part in group discussion, group practical exercises and individual balances using the workshop methods.

I agree to not take any photographs of the materials nor record the presentations without the express agreement of the instructor.

It is essential that everyone attending feels comfortable to share information. I agree to respect each member of the group and their learning process and to keep personal information confidential.

 I give my permission for photographs to be taken during the course which may be shared on social media (*optional)*

 I give permission to be informed via email about future classes, news and events, resources, mentoring and one-to-one sessions (full details of data protection can be viewed at [www.essentialtimeout.com/privacy-policy/](http://www.essentialtimeout.com/privacy-policy/) (*optional)*

 I have read and understood the above information for Participants

Signed …………………………………………………………………

Date ……………………………………………………………………